



Hickory, NC

2011-2012 Season Information

Thank you for your interest in Green Energy All-Stars! Our goal of Green Energy All-Stars is to provide the absolute best in competitive cheerleading to the youth of our area. As we prepare for our fourth competitive season, we anticipate a very exciting and successful year. Be assured that we are dedicated to giving each cheerleader the best experience possible. Green Energy owners along with our staff work hard to make everyone feel welcome and a part of the Green Energy family. We love getting to know each individual, help them set and reach goals, learn the value of team effort and team work and ultimately see their dreams become reality.

We have prepared the following information to help each family understand the commitment level that is required. Please take the time to read this packet thoroughly. For returning families, please note some changes in policies and procedures. For new families, please be sure to read ALL materials as we are NOT a "recreational" program. We want you to know what you are signing up for. Green Energy All-Stars is a competitive program with high expectations. Please discuss the information with your child PRIOR to tryouts. Because Green Energy owners are parents ourselves, we know that in fact you have on your child. Green Energy believes that it takes a partnership between parents and coaches to keep students focused and driven. Once you enroll in a place on a team, please continue to encourage your child throughout the season and help your child stay focused on our goals.

Our coaching staff is here to provide the best in technical training and enjoyable experiences. Green Energy coaches intend to be exceptional cheerleaders. Our most of all, exceptional people. Focusing on teamwork, integrity, structure and safe workouts, Green Energy team members learn how to encourage one another while building their own self-confidence.

Once again, thank you for considering Green Energy All-Stars. We hope you find this packet informative and that it will answer any questions you may have concerning our program. Good luck to each of you!

Cheers and God Bless!

Green Energy Owners-

Jodie Kampa, Monica Martin, Wonda Hughes, Amy Stinson and Sara Hinger

CHIEF ENERGY ALL-STARS

Mission Statement

"To create an environment with positive role models that fosters athleticism, emphasizes teamwork and instills in athletes a sense of self-worth that extends beyond their competitive arena!"

Layout Procedure

- 1- Pick up or download the layout information packets and read it thoroughly.**
- 2- Complete the waiver form for Chief Energy All Stars and Footbal Gymnastics**
- 3- Attach a small headshot photo to the waiver form**
- 4- Return the forms on the day of layout along with a copy of INS/Perm/ID certificate and insurance information**
- 5- Attend the layout pre sessions for your age level (highly encouraged)
Ages 6 determined by the age on August 31st of the current year per USAS!**
- 6- Pay the layout fee of \$60 (this is required from day of layout)**
- 7- Wear gym shorts, t-shirt and tank top, tennis shoes and hair up to layout
(Presentation is considered)**
- 8- Relax.....it will be fun. No stress allowed at our layout!**

Layouts April 20th and 21st, 2011

Layouts will be held on a first come first serve basis beginning at 8:00am on the dates listed. You will need to come to one of the listed layout sessions. The evaluation will only take approximately 15 minutes to make sure we have all the information we need and evaluate INS/Perm/ID. Ages 4 and 5 and Special Needs will not be required to layout however we do ask that you come in and sign up during the layout sessions. INS and Special Needs will return only until August.

What to expect at layout?

All students will be evaluated according to the USAS guidelines. Each student will be evaluated in running tumbling, standing tumbling, tumbling and motions. On each level, she will receive a "mastered" or "not yet mastered" mark. We will begin with level one skills and continue through the elements as the student can progress. All students will have the opportunity to demonstrate INS/Perm/ID running tumbling pass, standing tumbling skills and tumbling precombinations. At layout prep, students will learn a sit place and balance that will be performed for layout. This one and balance is evaluated to determine the athlete's ability to move to a sit place progress in motion technique, tumbling and showmanship. We will also evaluate strength and flexibility as well as running and body positions. We will interview each candidate on their past cheer experience.

CHEER ENERGY ALL-STARS

Team Placement

Cheer Energy will post all tentative team placements by 5:00 pm on Saturday April 25th on the website www.cheerenergyallstars.com. Team parent meetings and summer practice schedules will be posted at that time and team practices will begin immediately.

Please understand that simply because a student was on a certain team one level last year does NOT mean that he/she will be placed on that particular team one level this year regardless of age or skill level. Parents and students need to understand that tumbling skills are not the only area we teach and students are not placed simply on tumbling skills. Each team must have the correct combination of bases, tumblers, dancers, flyers to be competitive. Teams are divided so that each team has the correct combination, not just by age or skill. To have competitive teams we must look at the need of the teams when placing students. All teams must have team and well developed skills.

Coaches decisions are FINAL

What are we signing up for?

Please take a moment to ask yourself if you and your child are ready to be a member of Western North Carolina's Best! Extra cheerleading program. We try to be very organized and plan in advance. However, extra program and emergency practices and activities may be called due to unexpected events. These particular practices are mandatory as well.

Extra practice schedules are given in advance so that students and families will be aware of these times and will have time to make arrangements and/or adjust schedules to make sure there are no State practice. In some cases, guardianship and/or parental custody is divided. In such case, BOTH PARENTS MUST COMMIT to the person's/daughter's participation in the program. This means that both parties must make sure that their student's State practices, competitions, and any team functions and in correct attire. Athletes will not be excused due to custody issues.

Attendance

ALL COMPETITIONS AND PRACTICES ARE MANDATORY!

There are a few excused practices, sickness with fever, vomiting and death in the family. We will work hard on scheduling practices around school cheerleading so that students can participate in both. However, during competition season, Cheer Energy comes first. Other sports or work that conflicts with Cheer Energy practices are NOT excused. If a conflict with another sport arises, students must choose before the season begins. Absences MUST be reported to the team coaches as soon as possible. Notification of the absence does not necessarily excuse the absence. No absences the week of competition. Cheer Energy will do its best to schedule extra practices in advance. However, some short notice practices will be called. Team practices will be set after team placement.

GREEN ENERGY ALL-STARS

Tuition and Expenses

We realize that it can get a little hectic leading your team's expenses. Green Energy is constantly working toward an affordable, more efficient payment system to help our customers balance out the cost of this awesome sport. We are committed to offering the most affordable, yet highest quality program possible. These fees **MUST** be paid in order for you and/or your child to participate. We have established a payment schedule that breaks your larger payments into monthly installments. All fees must be paid by the deadline. Accounts that become one month behind will be given 30 days to be paid. **THIS YEAR WE ARE REQUIRING A WORKING DEBIT OR CREDIT CARD NUMBER ON FILE. ANY ACCOUNTS THAT BECOME TWO MONTHS BEHIND WILL BE CHARGED TO THE CARD ON FILE.** All fees including uniform, choreography and competition fees are required by November 15th for your child's position in the program. Will be forfeited. Additional travel expenses such as hotel, meals, transportation, etc. are not covered in our competition fees or tuition.

Green Energy Expenses (Payment schedule attached)

Monthly tuition/tuition will not be altered throughout the season for no day closures, weather closures or added practices. Cost and gym hours will be in the range listed below depending on the team. The higher the level of the team, the more hours they will have in the gym. This is the higher the price.

- 1) Yearly registration (annual fee) - \$50.00
- 1) Sparks (6yrs and under team) 11.5 hours a week - \$60.00
- 1) Atom C (8yrs and under team) 3.5 hours a week - \$80.00
- 1) Fusion (11yrs and under team) 4.5 hours a week - \$85.00
- 1) Volt (14yrs and under team) 5 hours a week - \$90.00
- 1) Nuclear (18yrs and under team) 5.5 hours a week - \$95.00
- 1) Explosion (Special Needs team) 1.5 hours a week - \$50.00
- 1) New uniform packages - (one time fee) - Approx. \$245.00

Uniforms, gifts, bloomers, rainbow, practice shirts, practice shorts and shoes

- 1) Practice shirts and practice shorts (required each year) - Approx. \$25.00 (if not ordered with a complete uniform package)
- 1) Competition Make-up - \$25.00 (optional)
- 1) Choreography - (one time fee) - \$250.00 (Atom C-Nuclear)

\$75.00 (Sparks and Explosion)

Parent Booster Club

We do have a very active non-profit parent booster club for your fundraising needs. There is a annual fee of \$25.00 to join boosters. This fee is to help cover all adminISTRATION and banking fees. The booster club offers many fundraising opportunities throughout the year such as car washes, outdoor markets, pasta, pro football games, crawl and games, fundraisers and much more. Booster funds can be used for registration, monthly tuition, uniform, choreography, competition fees, clothing purchases and bus fees. Transferring funds from boosters is easy, simply complete and submit transfer form and turn into booster president.

CHEER ENERGY ALL-STARS

Competition Fees

These competition fees are an estimate ONLY! An exact total will be determined as soon as the competition schedule is set. Competition fees will be divided into three equal payments being due in Aug., Sept. and Oct. Families will be given the opportunity to pay competition fees in full with a one-time payment collected in Aug. **ONCE COMPETITION FEES HAVE BEEN PAID OUT TO THE COMPETITION COMPANY, THERE ARE NO REFUNDS FOR ANY REASON!**

Estimated competition fees:

- 1) Sparks (5 yrs and under team) - \$350
- 1) Atom (6 yrs and under team) - \$450
- 1) Fusion (11 yrs and under team) - \$550
- 1) Voltage (14 yrs and under team) - \$600
- 1) Nuclear (18 yrs and under team) - \$700
- 1) Explosion (Special Needs team) - TBD

***ALL COMPETITION FEES MUST BE PAID BEFORE YOUR CHILD WILL BE ALLOWED TO COMPETE!**

Uniforms

The 2011-2012 season will be the fourth season of our uniform. All teams Atom to Nuclear will have the same uniform. Sparks will have a somewhat different, less expensive uniform. The cost of the complete uniform package is approx. \$255.00. Separate pieces can be purchased. Everyone must purchase the practice outfit.

Used uniforms will be available for purchase at a uniform yard sale. Date to be announced. Pieces and sizes will vary. The order of each piece will be determined by Cheer Energy and payment will be made directly to the seller.

Uniform packages will be ordered in July. A 50% deposit is required on June 15th and the remaining 50% is due on July 15th. Uniforms will NOT be ordered until the uniform is completely paid for. No exceptions! Optional items such as warm-ups, suits, bluffs, bags, sweatshirts, etc. are available for purchase.

Competitions

All teams will compete in 22 competitions per month during the months of Novem. Dec to April. The night the age and level of the team. The more they will compete and the further they will travel. All teams will not attend every event.

Some competitions will require overnight stays.

****CheerSport Nationals****

Teams traveling to Atlanta, GA ARE required to stay in the determined hotel AND ALL team members are required to ride the chartered bus. No exceptions! Parents may secure seats on the bus first come, first served. Travel fees will apply.

CHEER ENERGY ALL-STARS

Summer

Cheer Energy teams use the summer to get ahead of our competition. Many students get stronger and advance his/their skills during the summer months. Attendance at practices are very important however we do want each family to enjoy the vacation time, team games and other summer activities. Summer practice policy is if you are in town, we need you at practice.

The months of May, June and July will be skill building months for teams focusing on stunting, jumping, motions, transitions, etc. Team members are expected to be at practice.

Summer Closures-

Monday, May 30th - Memorial Day

Monday, July 2nd - Friday, July 3rd

Choreography Camp

Cheer Energy is working diligently to finalize dates for choreography camp. In order to stay with the cutting edge of our competitive cheerleading we hire a professional choreographer. Choreography is **MANDATORY** for all team members. During this week, the teams will learn their competition routines and it is extremely important that all team members are present.

Choreography dates will be sometime between July 24th and August 3rd. We are anxiously awaiting the confirmation on exact dates from the choreographer.

The choreography fee of \$250.00 is due on June 15th, 2011.



Hickory, NC

CHEER ENERGY ALL-STARS

Year at a Glance

April

- Parent information meetings-
- If you prep classes
- If you're-April 20th and 21st
- If you're of \$60,000
- Team placements posted April 23rd
- Fun Day on 4/25-29

May

- Annual Registration fee due-\$50,000
- Team practices begin May 2nd
- Parent meetings first week in May
- Used uniform yard sale-IBA
- Gym closed May 30th

June

- Choreography fee due June 15th - \$25,000
- Team practices continue
- Uniform Regos 150% due June 15th
- Uniform fittings-Date IBA
- Cheer Energy Social

July

- Gym closed July 2-3
- Uniform balance due July 15th
- Choreography-IBA

August

- 1st installment (1/3) of competition fees due Aug. 15
- Old Soldiers Reunion Parade Aug. 18
- Full attendance policy begins Aug. 22
- Collect school supplies

September

- Continue to build routines
- 2nd installment (1/3) of competition fees due Sept. 15

October

- Continue to prepare for competitions
- 3rd installment (1/3) of competition fees due Oct. 15
- Cheer Energy Costume Party

November

- Pre-Season pep rally/ Exhibition Day
- Competition local competitions
- Extra practices scheduled
- Collect coats, gloves and blankets

December

- Team Christmas Parties
- Car Food Drive
- Gym closed Dec. 19-26
- Day practices Dec. 27-31

January

- Gym closed Jan. 11
- Prepare for National competitions
- Extra team practices scheduled

February

- State/National competitions
- CheerSport Nationals
- Extra team practices scheduled

March

- Competitions continue

April

- Finish competition season
- Awards Banquet
- Begin planning for new season



**Cheer Energy All-Stars
'11-'12**

Cheerleader Name _____

Date of Birth _____ Age as of August 31, 2011 _____

Parent(s)/Guardian(s) Name(s) _____

Parent/Guardian Cell Phone #(s) _____

Home # _____

E-mail address(es) where you want to have frequent e-mails sent

(Please print clearly): _____

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Are you interested in any of the following? (Please circle all that apply):

Specialty competitors & crossovers to other cheer or dance teams will have additional monthly fee for gym time.

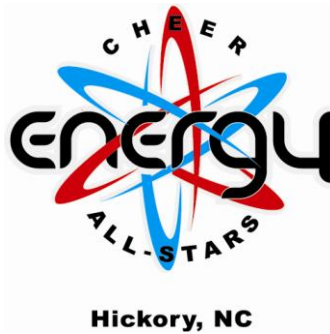
---Double Team? (Crossover) This is an athlete who is an active member of more than one Cheer Energy team. Additional gym fees of \$20.00 a month, competition fees and time in the gym will be required.

---Individuals? (Solo competitor-certain skills required-Additional gym fees of \$40 a month, competition fees and time in the gym will be required.)

---Stunt team? (Stunt group that competes against other stunt teams. Additional gym fees of \$40 a month, competition fees and time in the gym required.)

---Team Rep?? (For parents that like to keep their team informed, plan team parties/outings, help gather teams at competitions, make phone calls & organize coaches gifts.)

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Schedule: We will do our best to accommodate your schedule as much as we can; however some conflicts are unavoidable. In order to attempt to avoid these conflicts, please list what days of the week your child absolutely cannot participate in cheer/dance/tumbling.



I understand that I am responsible for all fees incurred by my child participating in Cheer Energy All Stars including but not limited to monthly tuition, competition fees, uniform fees, required travel expenses, and extra fees.

I understand that if I am unable to pay the required fees, my child may be removed from the program and no refunds will be given for services rendered or fees paid out.

I understand that if I do not make payment by 10 days after the due date, my credit/ debit card will be charged for the required payment. This authorization will be in effect from May 1, 2011 to April 31, 2012.

I authorize Cheer Energy Allstars to charge my credit card:

MC VISA CC# _____ Exp Date _____

Name on Credit Card _____

If my payment is not made by 10 days of the required due date.

Authorized signature _____

Parent/ guardian signature _____ Date _____

Must be signed by the responsible parent or guardian in order to participate in Cheer Energy All-stars.